

Jenna Yejin Sung

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Department of Psychiatry
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EDUCATION

- 2024 - Present **Harvard Medical School/Massachusetts General Hospital**
Pre-doctoral Internship
Program: Cognitive Behavioral Scientist Track
Faculty Advisor: Sabine Wilhelm, Ph.D.
- 2019 - Present **Stony Brook University**
Ph.D. in Clinical Psychology (Anticipated May 2025)
Director of Clinical Training: Nicholas Eaton, PhD

Dissertation: Reaching the Families Single Session Interventions are Best Positioned to Help: Empowering Economically Insecure Parents to Manage Child Anxiety
Faculty Advisors: Jessica Schleider, PhD, Joanne Davila, PhD
- 2019 - 2021 **Stony Brook University**
M.A., Clinical Psychology

Thesis: Empowering Anxious Parents to Manage Child Avoidance Behaviors: Randomized Trial of a Single-Session Intervention for Parent Accommodation
Faculty Advisor: Jessica Schleider, PhD
- 2013 - 2017 **Emory University**
B.A. in Psychology, High Honors
Minor in Educational Studies

Thesis Title: Does Mental Rotation Training Improve Arithmetic Competence in Children?
Faculty Advisor: Stella Lourenco, PhD

RESEARCH FUNDING/TRAINING GRANTS

- 2023 **Dissertation Research Grant**, Health Policy Research Scholar Program
Project Title: Reaching Families Single Session Interventions are Best Positioned to Help: Empowering Economically Insecure Parents to Manage Child Anxiety
Role: Principal Investigator
Amount Awarded: \$10,000
Funding to support dissertation research activity that can directly influence policy to cultivate a culture of health
- 2020-2024 **Health Policy Research Scholar Fellowship**, Robert Wood Johnson Foundation
Amount Awarded: \$124,000

Nationally competitive 4 year fellowship program to train doctoral students in using their discipline-based research training to advance health equity, build a culture of health, and promote equitable communities

- 2021 **Graduate Research Grant, Psi Chi**
Project Title: Empowering Anxious Parents to Manage Child Avoidance Behaviors: A Randomized Trial of a Single-Session Intervention Targeting Parent Accommodation
Role: Principal Investigator
Amount Awarded: \$1,500
 Funding to support doctoral students' independent research that demonstrates competence and commitment to psychology's best research practices
- 2016 **Scholarly Inquiry and Research at Emory (SIRE) Grant, Emory University**
Amount Awarded: \$1,000
 Funding to support undergraduate student researchers' faculty-led honors project

AWARDS AND HONORS

- 2024 **Leonard Krasner Student Dissertation Award, Association for Behavioral and Cognitive Therapies (ABCT)**
 Awarded to one doctoral dissertation project annually to recognize research excellence relevant to behavioral therapy
Amount Awarded: \$1,000
- 2024 **ABCT Parenting and Families SIG Poster Award, Association for Behavioral and Cognitive Therapies (ABCT)**
- 2024 **Research Trainee of the Year, Short Listed, The Association for Child and Adolescent Mental Health (ACAMH)**
- 2023 **Advanced Research Project Award, Stony Brook University**
 Awarded to one student in the psychology department annually to recognize advanced research work completed after the first 2 years of graduate study
Amount Awarded: \$100
- 2023 **Professional Development Award, Stony Brook Graduate Student Employees Union (GSEU)**
Amount Awarded: \$1,000
- 2023 **Student Travel Award, Dissemination and Implementation Science Special Interest Group**
Amount Awarded: \$175
- 2020 **Diversity Travel Award, Society of Clinical Child and Adolescent Psychology**
Amount Awarded: \$500
- 2023 & 2024 **Writing Retreat, Invited Participation, Health Policy Research Scholars**
- 2022 **Early-Stage Graduate Research Award, Honorable Mention, Society of Clinical Child and Adolescent Psychology (SCCAP)**
- 2017 **Diversifying Psychology Weekend Scholarship, University of North Carolina Chapel Hill**
- 2017 **Diversity in Psychology Scholarship, University of Minnesota**

2015 - 2017 **Dean's List**, Emory University

PUBLICATIONS

* indicates equal authorship

Peer-Reviewed Publications

1. **Sung, J. Y.**, Schleider, J., (Under Review). Reaching the families Single Session Interventions are best positioned to help: Empowering Economically Insecure Parents to Manage Child Anxiety. [Pre-Registration](#) [Pre-Print](#)
2. **Sung, J. Y.**, Sotomayor, I., Szkody, E., Schleider, J. L. (Invited Submission, *Clinical Psychology: Science & Practice*). Developing, testing, and integrating low-intensity treatments in routine mental health care for common mental disorders. [Pre-Registration](#) [Pre-Print](#)
3. **Sung, J. Y.***, Kaveladze, B.*, Sotomayor, I., Liao, J., Schleider, J. L. (Under Review). Aha! Moments During Brief Digital Mental Health Interventions: A Mixed Methods Study of Randomized Controlled Trials. [Pre-Registration](#) [Pre-Print](#)
4. Byeon, V., Goodman, A., Russo, J., Schriger, S., **Sung, J. Y.** (2024). Navigating the Road to Internship: A Peer Support Group Among Prospective APPIC Applicants, *The Behavior Therapist*.
5. **Sung, J. Y.** & Schleider, J. L., (2023). Open pilot trial of a telehealth single-session consultation service for clients on psychotherapy waitlists. *Practive Innovations*. doi: [10.1037/pri0000207](https://doi.org/10.1037/pri0000207) [Pre-Registration](#) [Pre-Print](#)
6. Ringle, V. M., **Sung, J. Y.**, Roulston, C., & Schleider, J. L. (2023). Mixed-methods examination of youth-reported barriers to accessing mental health services, *Journal of Adolescent Health*. doi: [10.1016/j.jadohealth.2023.08.034](https://doi.org/10.1016/j.jadohealth.2023.08.034) [Pre-registration](#) [Pre-Print](#)
7. Ahuvia, I. L., Mullarkey, M. C., **Sung, J. Y.**, Fox, K. R., Schleider, J. L. (2023). Evaluating a Treatment Selection Approach for Online Single-Session Interventions for Adolescent Depression. *Journal of Child Psychology and Psychiatry*. doi: [10.1111/jcpp.13822](https://doi.org/10.1111/jcpp.13822) [Preprint](#)
8. Shen, J., Rubin, A., Cohen, K.1, Hart, E. A., **Sung, J.**, McDanal, R., Roulston, C., Sotomayor, I., Fox, K. R., Schleider, J. L. (2023) Randomized Evaluation of an Online Single-Session Intervention for Minority Stress in LGBTQ+ Adolescents. *Internet Interventions*, 33, 100633. doi: [10.1016/j.invent.2023.100633](https://doi.org/10.1016/j.invent.2023.100633) [Pre-Registration](#). [Pre-print](#)
9. Birk, S.L., **Sung, J. Y.**, Schleider, J.L., Olino, T.M., (2022). Unpacking parental accommodation: Relationship to parent distress tolerance and cognitive styles. *Journal of Anxiety Disorders*. doi: [10.1016/j.janxdis.2022.102639](https://doi.org/10.1016/j.janxdis.2022.102639)
10. Hart, M., **Sung, J.**, McQuillin, S., & Schleider, J. L. (2022). Expanding the Reach of Psychosocial Services for Youth: Untapped Potential of Mentor-Delivered Interventions. *Journal of Community Psychology*. doi: [10.1002/jcop.22927](https://doi.org/10.1002/jcop.22927) [Preprint](#)
11. Ahuvia, I., **Sung, J. Y.**, Dobias, M. L., Nelson, B., Richmond, L., London, B., & Schleider, J. L. (2022). College Student interest in teletherapy and self-guided mental health supports during the

- COVID-19 pandemic. *Journal of American College Health*. *Journal of American College Health*. doi: [10.1080/07448481.2022.2062245](https://doi.org/10.1080/07448481.2022.2062245) [Preprint](#)
12. Mullarkey, M., Dobias, M., **Sung, J.**, Ahuvia, I., Schumake, J., Beavers, C., & Schleider, J. (2022). Web-Based Single Session Intervention for Perceived Control Over Anxiety During COVID-19: Randomized Controlled Trial. *Journal of Medical Internet Research: Mental Health*. doi: [10.2196/33473](https://doi.org/10.2196/33473) [Preprint](#)
 13. **Sung, J. Y.***, Mumper, E.*, & Schleider, J. L. (2021). Empowering Anxious Parents to Manage Child Avoidance Behaviors: Randomized Trial of a Single-Session Intervention for Parent Accommodation. *Journal of Medical Internet Research: Mental Health*. doi: [10.2196/29538](https://doi.org/10.2196/29538) [Preprint](#)
 14. Benito, K., Herren, J., Freeman, J., Garcia, A., Kemp, J., Chorpita, B., **Sung, J.**, Arora, A., Georgiadis, C., Steward, E., Wellen, B., Frank, H., Schiavone, E., Gervasio, M., Machan, J. (2021). Improving Delivery Behaviors during Exposure Therapy: A Cluster Randomized Controlled Training Trial with Community Therapists. *Evidence-Based Practice in Child and Adolescent Mental Health*. doi: [10.1080/23794925.2021.1917018](https://doi.org/10.1080/23794925.2021.1917018)
 15. **Sung, J.**, Kacmarek, C., & Schleider, J. L. (2020). Economic Evaluations of Mental Health Programs for Children and Adolescents in the United States. *Clinical Child and Family Psychology Review*. doi: [10.1007/s10567-020-00333-1](https://doi.org/10.1007/s10567-020-00333-1) [Pre-print](#) [Pre-registration](#)
 16. Schleider, J.L., **Sung, J.**, Bianco, A., Mullarkey, M. (2020). Open pilot trial of a single-session consultation service for clients on psychotherapy waitlists. *The Behavior Therapist*. doi: [10.31234/osf.io/fdwqk](https://doi.org/10.31234/osf.io/fdwqk) [Pre-print](#) [Pre-registration](#)
 17. Schleider, J. L., Dobias, M. L., **Sung, J. Y.**, Mumper, E., & Mullarkey, M. C. (2020). Acceptability and utility of an open-access, online single-session intervention platform for adolescent mental health. *JMIR Mental Health*. doi: [10.2196/20513](https://doi.org/10.2196/20513) [Pre-print](#)
 18. Schleider, J. L., **Sung, J.***, Dobias, M.*, & Mullarkey, M. (2019). Future Directions in Single-Session Youth Mental Health Interventions. *Journal of Clinical Child & Adolescent Psychology*. doi: [10.1080/15374416.2019.1683852](https://doi.org/10.1080/15374416.2019.1683852) [Full Text](#)
 19. Cheung, C., **Sung, J.**, Lourenco, S. (2019). Does Training Mental Rotation Transfer to Gains in Mathematical Competence? Assessment of an at-home Visuospatial Intervention. *Psychological Research*. doi: [10.1007/s00426-019-01202-5](https://doi.org/10.1007/s00426-019-01202-5)
 20. Freeman, J., Benito, K., Herren, J., Kemp, J., **Sung, J.**, Georgiadis, C., Arora, A., Walther, M., Garcia, A. (2018). Evidence Base Update of Psychosocial Treatments for Pediatric Obsessive-Compulsive Disorder: Evaluating, Improving, and Transporting What Works. *Journal of Clinical Child & Adolescent Psychology*, 47(5), 669-698. doi: [10.1080/15374416.2018.1496443](https://doi.org/10.1080/15374416.2018.1496443)

Books

1. Schleider, J. L. & **Sung, J. Y.** (under contract). *The Single-Session Consultation: A Brief Approach to Bridging Gaps in Systems of Mental Health Care, Clinician Guide*. Oxford University Press.

Book Chapters

1. **Sung, J.**, Schleider J., (2021). Prevention and Early Intervention. In Bennett, S., Myles-Hooton, P., Schleider, J. (Eds.) *Low intensity interventions for children and adolescents*. Oxford University Press

2. Cohen, K., **Sung, J.**, McCormick, M., Schleider J., (2024) Scaling School-Mental Health with Single Session Interventions.

Columns

1. **Sung, J.**, Dobias, M., Schleider, J. (2020). Single Session Interventions: Complementing and Extending Evidence-Based Practice. *Advances in Cognitive Therapy*. [Pre-print](#)
2. **Sung, J.**, Dobias, M., (2022). Scalable mental Health Interventions for Children and Adolescents. *The International Public Policy Observatory*. [Article](#)

Publications in Preparation

1. **Sung, J. Y.**, Flores, E., & Schleider, J. L., (in prep). Establishing Single Session Consultation fidelity. [Pre-registration](#)
2. **Sung, J. Y.**, Jonathan, G., & Wilhelm, S., (in prep). User-centered, Iterative Design of Evidence-based Digital Mental Health Apps: Uplifting the Voices of Experts by Experience
3. **Sung, J. Y.**, Zainal, N., Curtiss, J., Greenberg, J., & Wilhelm, S., (in prep). What Executive Functioning Domains Predict Digital Cognitive-Behavioral Therapy for BDD Outcomes? A Machine Learning Analysis
4. Jonathan, G., **Sung, J. Y.**, Bernstein, E., & Wilhelm, S., (in prep). Analysis of Sudden Gains and Early Response in a therapist-guided smartphone intervention for depression: occurrence and relationship to treatment outcomes
5. Jonathan, G., **Sung, J. Y.**, Harcese, H., & Wilhelm, S., (in prep). Behavior Change Techniques Taxonomy: Digital Cognitive-Behavioral Therapy for Mindfulness

OPEN-ACCESS INTERVENTIONS

Sung, J.*, Mumper, E.*, Schleider, J. Project EMPOWER *Open Science Framework*.. [Link](#)

Shen, J., Rubin, A., Hart, E., Cohen, K., **Sung, J.**, McDanal, R., Roulston, C., Sotomayor, I., Fox, K., Schleider, J. (2022). Project Rise: Building Strength in the Face of Minority Stress. *Open Science Framework*. [Link](#)

Schleider, J. L., Mullarkey, M. C., Mumper, E., & **Sung, J. Y.** (2019). The ABC Project: Action Brings Change. *Open Science Framework*. DOI 10.17605/OSF.IO/QJ94C. [Link](#)

CONFERENCE PRESENTATIONS

Conference Symposia

1. **Sung, J. Y.**, Smith, A., Kaiser, A., Lebow, J., Swift, L.. (Submitted) *Iterative, Co-development of Project EMPOWER for Eating Disorders and Multi-Site Implementation Process*. Single Session Therapy International Symposium 2025, Chicago, IL

2. **Sung, J. Y.** & Schleider, J. L. (December, 2024) *Project EMPOWER: A Light Touch, Digitally Delivered Single Session Intervention to REach Financially Insecure Parents of Anxious Children*. Integrative Medicine Network Forum 2024, Boston, MA
3. **Sung, J. Y.**, Ringle, V. M., Roulston, C., & Schleider, J. L. (November, 2022) *Mixed Methods Examination of Youth-Reported Barriers to Accessing Mental Health Services*. Association for Behavioral and Cognitive Therapies 56th Convention, New York, NY
4. **Sung J.**, Schleider J. (November 2022), *Telehealth-Single-Session Consultation Service for Clients on Psychotherapy Wait-Lists*. Association for Behavioral and Cognitive Therapies 56th Convention, New York, NY
5. McCormick, M., Jesseman, A., Fleischer, N., **Sung, J. Y.**, (October, 2022) *Innovation in Tier 2 Supports for Educator Wellbeing*. Symposium accepted at the Annual Conference on Advancing School Mental Health, Virtual.
6. **Sung J.**, Mumper E., Schleider J (November 2021). *Empowering Anxious Parents to Manage Child Avoidance Behaviors: Randomized Trial of a Single-Session Intervention for Parent Accommodation*. Association for Behavioral and Cognitive Therapies 55th Convention, New Orleans, LA.
7. Wasil A., Kacmarek C., Gillespie S., Triplett N., De Jesus-Romero R., **Sung J.**, Lorenzo-Luaces L. (November 2021), *Supporting Graduate Students with Interdisciplinary Interests: A Discussion with Current Graduate Students*. Association for Behavioral and Cognitive Therapies 55th Convention, New Orleans, LA
8. **Sung J.**, Mumper E., Schleider J (September 2021). *Empowering Anxious Parents to Manage Child Avoidance Behaviors: Randomized Trial of a Single-Session Intervention for Parent Accommodation*. European Association for Behavioral and Cognitive Therapies, Belfast.
9. **Sung J.**, Mumper E., Schleider J (August 2021). *Empowering Anxious Parents to Manage Child Avoidance Behaviors: Randomized Trial of a Single-Session Intervention for Parent Accommodation*. American Psychological Association Convention.
10. **Sung J.**, Bianco A., Schleider J. (November 2020). *Open Pilot Trial of a Single-Session Consultation Service for Clients on Psychotherapy Waitlists*. Association for Behavioral and Cognitive Therapies 54th Convention, Philadelphia, PA.
11. Schleider J., Dobias M., **Sung J.**, Mullarkey M., Mumper E. (November 2020). *Acceptability and Utility of an Open-Access, Online Single-Session Intervention Platform for Adolescent Mental Health*. Association for Behavioral and Cognitive Therapies 54th convention, Philadelphia, PA.

Poster Presentations

1. **Sung, J.**, Schleider, J., (November 2024). *Project EMPOWER: Scalable, Digital SSI Targeting Parental Accommodation in Economically Insecure Parents*. Poster accepted at the Association for Behavioral and Cognitive Therapies 58th Convention, Philadelphia PA.
2. **Sung, J. Y.**, Sotomayor, I., Szkody, E., Schleider, J., (November 2023). *The Nature and Malleability of Therapist Attitudes Toward Single-Session Mental Health Interventions*. Poster accepted at the Association for Behavioral and Cognitive Therapies 57th Convention, Seattle, WA

3. **Sung, J. Y.**, Ringle, V. M., Roulston, C., & Schleider, J. L. (August, 2022). *Mixed Methods Examination of Youth-Reported Barriers to Accessing Mental Health Services*. Poster presented at the Future Directions Forum, Virtual.
4. Shroff, A., Fassler, J., **Sung, J.**, Mumper, E., & Schleider J., (2021, May). *Relations of Child Health Problems to Accommodation of Anxiety in an International Sample of High Anxiety Parents*. Poster Accepted for Presentation at the 33rd Annual Association for Psychological Science Convention, Virtual.
5. **Sung J.**, Bianco A., Schleider J. (June, 2020). The Nature and Malleability of Therapist Attitudes Toward Single-Session Mental Health Interventions. Virtual poster presented at the Future Directions Forum.
6. Rosenberg B., Dobias M., **Sung J.**, Vilkin E., Schleider J. (June, 2020). *Evaluating Mental Health Treatment Access in Lesbian, Gay, and Bisexual vs. Heterosexual Young Adults*. Virtual poster presented at the Future Directions Forum.
7. **Sung J.**, O'Connor E., Garcia A., Prezworski A. (November, 2019). *Intolerance of Uncertainty in Children and Adolescents: Exploring the Role of Parental Psychological and Behavioral Control*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Child and Adolescent Anxiety Special Interest Group. Atlanta G.A.
8. **Sung J.**, Arora A., Kemp J., O'Connor E., Carper M., Benito K., Freeman J., Garcia A., Case B. (November, 2018). *What Can Informant Discrepancy Tell Us About Child OCD Treatment Outcome?* Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Child and Adolescent Anxiety Special Interest Group. Washington D.C.
9. Arora A., **Sung J.**, O'Connor E., Garcia A., (November, 2018). *Determinants of Parents Emotion Socialization Behavior: The Role of Affective Control*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Child and Adolescent Anxiety Special Interest Group. Washington D.C.
10. **Sung J.**, Georgiadis C., Arora A., Kemp J., Freeman J., Garcia A., & Case B. (April, 2018). *What does parent-child disagreement tell us about impairment and parental accommodation?* Poster presented at the annual meeting of the Anxiety and Depression Association of American Conference. Washington D.C
11. Georgiadis C., **Sung J.**, Arora A., Kemp J., Freeman J., Garcia A., Case B. (April, 2018). *Change in OCD Severity in a Sample of Youth with Comorbid Autism Spectrum Disorder in a Specialized OCD Program*. Poster presented at the annual meeting of the Anxiety and Depression Association of American Conference. Washington D.C.
12. Arora A., Georgiadis C., **Sung J.**, Kemp J., Freeman J., Garcia A., & Case B. (April, 2018). *Assessing the Relationship Between Parental Quality of Life Ratings and Family Accommodation in an OCD Partial Hospitalization Setting*. Poster presented at the annual meeting of the Anxiety and Depression Association of American Conference. Washington D.C.
13. Drljaca A., Georgiadis C., Kemp J., Freeman J., Arora A., **Sung J.**, Benito K., Garcia A. & Case B. (April, 2018). *Relationship Between Family Accommodation and Family Functional Impairment in Youth with Severe OCD and Anxiety*. Poster presented at the annual meeting of the Anxiety and Depression Association of American Conference. Washington D.C.
14. Georgiadis C., Kemp J., Arora A., **Sung J.**, Freeman J., Garcia A., Case B. (November, 2017). *Changes in Disgust Propensity and Sensitivity in Youth with Contamination-based Obsessions*. Poster presented at the annual

meeting of the Association of Behavioral and Cognitive Therapies, Child and Adolescent Anxiety Special Interest Group. San Diego, California.

15. **Sung, Y.**, (April, 2017). *Does Mental Rotation Training Improve Arithmetic Competence in Children?* Poster presented at the Scholarly Inquiry and Research at Emory Research Symposium, Atlanta, GA.
16. **Sung, Y.**, Santos L, Dai H., & Weber V. (April, 2016). *The Relationship Between Birth Order, GPA, and Perceived Importance of Academic Achievement.* Emory Spring Undergraduate Research Symposium, Atlanta, GA.
17. **Sung, Y.**, & Choi, M. (October, 2015). *Parallel Processing in Bilingual Individuals.* Poster presented at the Scholarly Inquiry and Research at Emory Research Symposium, Atlanta, GA.

SERVICE TO THE PROFESSION

Editorial & Review Experience

Clinical Psychology: Science and Practice (Since 2024)
 BMC Public Health (Since 2024)
 Discover Psychology (Since 2024)
 Clinical Child and Family Psychology Review (Since 2019)
 Clinical Child Psychology and Psychiatry (Since 2020)
 British Journal of Psychology (Since 2021)
 Behavior Therapy (Since 2021)
 Journal of Medical Internet Research (Since 2021)

Service to the Department/Field

2024 - Present The African American, Latinx, Asian and Native American (ALANA) Mentoring Program
 Massachusetts General Hospital/Harvard Medical Center

2024 - Present Grand Rounds Reviewer
 Massachusetts General Hospital/Harvard Medical Center

2022 - Present Advanced Ph.D. Student Mentor
 Dissemination and Implementation Science Special Interest Group

2021& 2024 Application Reviewer
 Ph.D. Application Statement Feedback Program

2020 -2024 Undergraduate Mentoring Committee
 Stony Brook University

2020 -2024 Diversity Committee
 Stony Brook University

INVITED PRESENTATIONS

2024 Health Policy Research Scholars, Robert Wood Johnson Foundation, Panel Discussant
 Title: Planning for Dissertation Success

2024 Massachusetts General Hospital/Harvard Medical Center, Center for Digital Mental Health Speaker

- Title: Single-Session Interventions: Disruptive Innovation
- 2024 Columbia University Clinic for Anxiety and Related Disorders, Didactics Presenter
Title: Diversifying Clinical Tools to Meet Varied Needs of Youth Mental Health
- 2023 Cherokee Health Systems, Continuing Education, Workshop Leader
Title: Single-Session Interventions for Promoting Mental and Behavioral Health
- 2022 Stony Brook University School of Nursing, Workshop Co-Leader
Title: Single Session Consultation Training
- 2021 National Eating Disorder Information Centre (NEDIC), Workshop Leader
Title: Single Session Interventions
- 2021 Mentor Together, Guest Presenter
Title: An Introduction to Mentor-Delivered Single Session Interventions
- 2021 Icahn School of Medicine at Mount Sinai, Guest Presenter
Title: Single Session Consultation and its Applications
- 2021 Training for the Single Session Consultation, Workshop Leader
Title: Single-Session Consultation: A Brief Introduction and Training
- 2020 EMPath Economic Mobility Exchange, Webinar Presenter
Title: Growth Mindset
- 2020 Rye Country Day School, Women in Stem Day Invited Speaker
Title: Why Study Clinical Psychology?
- 2019 Bay Shore Middle School, Student Conference Day Invited Speaker
Title: Promoting Mental Health Awareness

CLINICAL CERTIFICATIONS

Parent Child Interaction Therapy (PCIT) Certified	Since 2024
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CLINICAL EXPERIENCES

- | | |
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| Child and Adolescent Dialectical Behavioral Therapy Program | December 2024 - Present |
| Massachusetts General Hospital/Harvard Medical School | |
| <u>Position:</u> DBT-A multifamily skills group leader | |
| Center for OCD and Related Disorders (CORD) | July 2024 – Present |
| Massachusetts General Hospital/Harvard Medical School | |
| <u>Position:</u> Clinical Psychology Fellow | |
| Cognitive Behavioral Therapy (CBT) Outpatient Program | July 2024 – Present |
| Massachusetts General Hospital/Harvard Medical School | |
| <u>Position:</u> Clinical Psychology Fellow | |
| Blake 11, Adult Inpatient Unit | July 2024 – December 2024 |
| Massachusetts General Hospital/Harvard Medical School | |

Position: Clinical Psychology Fellow

Columbia University Clinic for Anxiety and Related Disorders (CUCARD)

July 2023 – June 2024

Columbia University

Position: Psychology Extern

Anxiety & Behavioral Challenges (ABC) Early Childhood Program

July 2023 – June 2024

Columbia University

Position: Psychology Extern

1 West, Adolescent Inpatient Unit

July 2022 – July 2023

Long Island Jewish Medical Center

Position: Psychology Extern

Child & Adolescent Anxiety Practice - We Speak

July 2021

Intensive Group Treatment for Selective Mutism

Position: Exposure Coach

Leonard Krasner Psychological Center

August 2020 – July 2022

Stony Brook University

Position: Staff clinician

Single Session Consultation Program

July 2021 - July 2022

Stony Brook University

Position: Principle Investigator & Study Clinician

Emory Helpline

January 2016 - May 2017

Emory University

Role: Hotline Responder & Secretary

Supervision Experience

Leonard Krasner Psychological Center

May 2023 – August 2023

Stony Brook University

Position: Peer Clinical Supervisor

Clinical Interviewing & Assessment Competencies

Diagnostic/Clinical:

Anxiety Disorders Interview Schedule – Child/Parent (ADIS-IV-C/P)

Kiddie Schedule for Affective Disorders and Schizophrenia, Present and Lifetime Version (K-SADS-PL)

Structured Clinical Interview for DSM-5 Disorders (SCID-5)

Children Depression Rating Scale – Revised (CDRS-R)

Children’s Yale-Brown Obsessive Compulsive Scale (CY-BOCS)

Eyberg Child Behavior Inventory (ECBI)

Cognitive/Achievement/Neuropsychological:

Wechsler Intelligence Scale for Children (WISC- V)

Wechsler Adult Intelligence Scale (WAIS-IV)

Woodcock Johnson (WJ-IV)

Wechsler Individual Achievement Test (WIAT-III)

Mini-International Neuropsychiatric Interview for Children and Adolescents (MINI-KID)

Mini-International Neuropsychiatric Interview (MINI)
 Continuous Performance Test (CPT-III)

Personality:

Minnesota Multiphasic Personality Inventory-II (MMPI-II)

Treatment Protocol Training

Cognitive Behavioral Therapy (CBT) for anxiety, OCD, and related disorders Massachusetts General Hospital/Harvard Medical Center, Boston, MA	2024
Parent Child Interaction Therapy Columbia University, New York, NY	2023
Dialectical Behavioral Therapy Long Island Jewish Medical Center, Glen Oaks, NY	2021 & 2022
Unified Protocol for Children and Adolescents University of Miami, Miami, FL	2022
Trauma-Focused Cognitive Behavioral Therapy Stony Brook University, Stony Brook, NY	2021
Selective Mutism Treatment Child & Adolescent Anxiety Practice, Princeton, NJ	2021
Exposure Therapy The Warren Alpert Medical School of Brown University, Providence, RI	2018

TEACHING EXPERIENCES

Instructor of Record:

Summer 2024	PSY 220: Survey of Developmental Psychology
Summer 2024	PSY 333: Mood Disorders
Spring 2024	PSY 620: Human Diversity Issues in Psychology
Summer 2023	PSY 333: Mood Disorders
Spring 2021	PSY310: Research and Writing in Psychology

Teaching Assistant & Lecturer

Spring 2024	PSY 338: Abnormal Child Psychology
Fall 2023	PSY 250: Biopsychology
Spring 2023	PSY 240: Survey in Social Psychology
Fall 2022	PSY 349: Psychology of Addiction
Spring 2022	PSY 220: Survey in Developmental Psychology
Fall 2021	PSY 230: Survey in Abnormal and Clinical Psychology
Fall 2019	PSY 333: Mood Disorders

PROFESSIONAL AFFILIATIONS

2021 – Present American Psychological Association
 2018 – Present Society for Clinical Child and Adolescent Psychology

- 2017 – Present Association for Behavioral and Cognitive Therapies
Child and Adolescent Anxiety Special Interest Group
Dissemination and Implementation Science Special Interest Group
Parenting and Families Special Interest Group
Technology and Behavioral Change Special Interest Group
- 2017 – Present Anxiety and Depression Association of America
- 2016 – Present Association for Psychological Science
- 2016 – Present Psi Chi National Honor Society in Psychology